

For the Love of It



CAP SERVICES, ECD

JANUARY 2012

News from the Director

I have some good news to share with you for the start of our 2012 calendar year. Below is a **Wisconsin Head Start Association** update that summarizes the 2012 Federal budget outlook for Head Start and Early Head Start. Essentially this means continuation for all our federally funded enrollment slots which includes the 72 Early Head Start slots. Remember, our 2012 budget begins April 1, 2012 and ends March 31, 2013. This is very encouraging news for our program. As I hear more information involving our program, I will be sure to pass it along to you either through an email or the ECD newsletter.

I hope your holiday break was joyous and relaxing.

—Carla

December 19, 2011

THE BEST POSSIBLE FUNDING NEWS!!!

In an era of cuts and reversals, we are pleased to report that **Congress has fi-**

nally passed a 2012 budget. *The House passed its budget last Thursday near midnight and the Senate passed theirs on Saturday with a 67-32 vote.*

First, this means that the threat of a government shutdown is once again averted.

In the budget that will soon be signed by the President, Head Start received GREAT support, receiving a \$424 Million increase in base funding for a total of \$7.983 Billion. This total will allow for all of the 33,000 children included in Head Start and EHS Expansion to remain in the program on a permanent basis. They will be included in the base numbers for Head Start.

There are enough dollars included in this increase to likely cancel the 1.5% decrease that has been being imposed upon Head Start grantees since October 1, 2011. Other increases included in the 2012 Appropriations bill:

- CCDBG received an increase of \$60 mil-

lion.

- Title I received an increase of \$60 million as well.

- Race to the Top received \$550 million; a reduction from last year's funding level of \$698 million.

Wisconsin Did Not get Funded for the Early Childhood Race To The Top

Nine states were awarded RTTT Early Childhood funding: California, Delaware, Maryland, Massachusetts, Minnesota, North Carolina, Ohio, Rhode Island and Washington State. Wisconsin, like the other 28 states not funded in this round of funding, may well pursue part of our early childhood agenda without these additional dollars. We will advocate, wait, advocate some more, and report any progress in this effort.

There is a possibility of a second round of funding coming out of the 2012 budget, but it is still unclear how much this will impact Early Childhood RTTT.

—Tim Nolan, Chair

WWSA Advocacy Work Group

Admin News

At the Policy Council meeting, the parent rep. to WWSA shared some information on a Father Involvement initiative. There was discussion about establishing Father Support groups at our centers. She stated that there was also discussion at the WWSA meeting about the use of Facebook. She asked if each of our centers had their own page. Currently CAP Services has a Facebook page that identifies programs, but ECD does not have its own page nor do the centers. This led to a discussion on how the use of such tools as Facebook and texting could enable our program to communicate with families more

effectively. This will be an item of further discussion with CAP, staff and families.

Health Advisory was held on Dec 16, with eight community health staff present. Mid-year health updates were shared with community partners. Other information shared was about the Wisconsin Pyramid Model, the USDA Wellness grant, and the new Head Start Re-designation system. Community partners also shared information from their agencies.

At the centers, Program Coordinators are completing CLASS observations at their sites and the Special Services Manager has completed TPOTS (social emotional

observations). They are sharing the feedback with staff. This information will also be used as part of the program self-assessment this year.

The Federal grant for HS and EHS was due Jan 1, 2012 and much of Dec. was devoted to completing the grant application. The grant was submitted on Dec. 20th.

Admin staff attended webinars about the new Re-designation system and staff had a strategic planning meeting to discuss possible scenarios if there were significant budget cuts to the program in the future.



Center News

Wautoma ELC: The children recently chose to study "Exercise". We were pleased to have Mrs. Norlin,

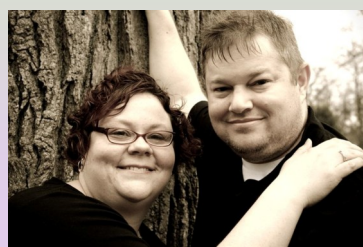
the physical education teacher at River-view School visit us to teach us some simple exercises. We added



large tinker toys to the block area to make weights plus real weights to experiment with. We used stretchy bands, yoga activities, and during music we did a multitude of dancing and exercise activities. There truly

Staff News

Derin T. (EHS-CLHB) became engaged in December and is planning an October wedding.



is an abundance of resources for a study on "Exercise."



CDC 7: Sam E. sent these photos taken of her class enjoying the great December weather for extra play time outside!



NL: On Nov 28th Rep Petersen paid a visit to Head Start. Rep Petersen was educated about what we do and was pleased to learn so much about us. He was able to talk with children and parents about our program.



Excerpts from the 1994 Waupaca Head Start Children's Cookbook:

Pickle Salad by Stephen T:

- 1 bowl Cool Whip
- 1 big pickle – cut up
- Add salt & pepper
- Mix the stuff together and eat

Chocolate Cake by Andy R

- 100 cups of sugar
- Add 11 cups of chocolate powder
- Add 101 chocolate chips
- Put in the oven at 21 degrees for 20 minutes. Then take out and I will eat the whole thing.

Pizza by Randy F

- Add cookie dough on the pan, then add celery (2 stalks). Then add 1 cup of pepper. Bake in a 6 degree oven for 6 hours, then put 10 sticks of butter in pizza and eat.

Vanilla Cake by Kimberly

- 1/2 glass of baking powder
- 2 eggs
- 1 full glass of water
- 1/2 glass of sugar

Stir together, then put in pan and put in oven at 300 degrees for 2 minutes.

Take it out and cut into squares and eat.

Chicken by Phillip R

Put chicken in oven first, then add the skin. Oven should be 15 degrees for 15 minutes

Sprinkle with red candies and mix it up so it tastes good otherwise you will get a tummy ache.

Baked Potatoes by Rod R

Take the potatoes and bake for 4 minutes in a 9 degree oven. Top with sour cream and eat.

Mashed Potatoes by Jimmy W

Take 1 potato. Cook the potato on the stove for 10 hours, then take it off the stove and mash with a fork. Add 1 gallon of milk and mash again. Eat.

Peanut Butter Balls by Tony R

Take 5 scoops of peanut butter, then add 3 scoops of butter and 1 peanut. Put on the stove and cook 8 minutes. Then put on a towel to dry on top of the washer, when dry wrap them up.

Pancakes by Steven W

Put in 2 scoops of flour, add 3 eggs, add 1 gallon of milk. Then mix together and cook it in a pan. Then put on a plate. Put 1 stick of butter on pancake, then syrup and eat.



Social Story Tips and Sample

Social expectations are the proper way to respond when interacting with others are typically learned by example. People with communication difficulties and/or behavior problems sometimes need more explicit instructions. Social stories are meant to help children understand social situations, expectations, social cues, new activities, and/or social rules. As the name implies, they are brief descriptive stories that provide accurate information regarding a social situation. Knowing what to expect can help children with challenging behavior act appropriately in a social setting. Parents, teachers, and caregivers can use these simple stories as a tool to prepare the child for a new situation, to address problem behavior, or even to teach new skills in conjunction with reinforcing responses. The following is an example of a social story explaining when it's appropriate to run.



Running

I like to run. It is fun to go fast.

It's okay to run when I am playing outside.

I can run when I am on the playground.

Sometimes I feel like running, but it is dangerous to run when I am inside.

Running inside could hurt me or other people.

When people are inside, they walk.

Walking inside is safe.

I will try to walk inside and only run when I am outside on the playground.

My teachers and parents like it when I remember to walk inside.

Writing a Social Story

Begin by observing the child in the situation you are addressing. Try to take on the child's perspective and include aspects of his or her feelings or views in the story.

Also, include usual occurrences in the social situation and the perspective of others along with considering possible variations.

There are three types of sentences used in writing social stories:

Descriptive sentences: objectively define anticipated events where a situation occurs, who is involved, what they are doing, and why. (e.g., When people are inside, they walk.)

Perspective sentences: describe the internal status of the person or persons involved, their thoughts, feelings, or moods. (e.g., Running inside could hurt me or other people.)

Directive sentences: are individualized statements of desired responses stated in a positive manner. They may begin "I can try..." or "I will work on..." Try to avoid sentences starting with "do not" or definitive statements. (e.g., I will try to walk in inside.)

A social story should have 3 to 5 descriptive and perspective sentences for each directive sentence. Avoid using too many directive sentences. They will be lost without adequate contextualization.

Write in first person and on the child's developmental skill level. Also remember to use pictures that fit within the child's developmental skill level to supplement text.

Reference:

Broek, E., Cain, S.L., Dutkiewicz, M., Fleck, L., Grey, B., Grey, C., et al. (1994). *The Original Social Story Book*. Arlington, TX: Future Education. www.thegraycenter.com.

CAP SERVICES, ECD



January is:

Oatmeal Month

National Book
Month

National Eye Care
Month

National "Thank

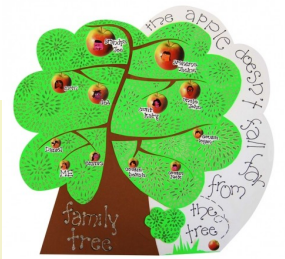
Martin Luther King,
Jr. Day— Jan 16

Chinese New Year
begins — Jan 23

National Compliment
Day — Jan 24

CREATE A FAMILY POSTER

There are some free software sites to download that can help you get started, and some other websites that give you some great ideas for creating keepsake books and other ideas. Generally, do not use your original photos unless you have duplicates. You can have color copies made of your photos inexpensively almost anywhere.



Family tree: Turn your poster board vertically, then draw a tree on the board with a brown marker or crayon. Place a photo of each family member on the end of each branch of the tree and write his or her name on the branch. Put the oldest member on the top of the tree and work your way down from there. Add construction paper or silk leaves, flowers at the base of the tree, a sun in the sky and other colorful touches. Use glitter glue or metallic markers to add sparkle to your sun and flowers.

House: Draw a large house on your poster board and glue photos of family members "peeking" out of each window of the house, including the front door. Pets can also be placed in the photo, perhaps playing in the yard in front of the house. This works best for family poster boards that feature only the immediate family or those family members who live at home with you.

Collage: Glue a photo of each member of the family onto the poster board. For added effect, make the photos a head shot, with the person's mouth open. Then draw a speech bubble coming from that person's mouth. Inside the speech bubble, write something about that person. For example, one of the daughters in the family could be saying, "My name is April! I am Carrie's sister! I like to read books!"

Read more: <http://www.enchantedlearning.com/crafts/familytree/>

<http://www.artskills.com/gallery/poster-categories/science-health/family-tree-116099.html>

You look so nice today— you ought to be in pictures!
I love the way you read out loud. Could you read to me today?
You make my day when you smile at me!



FREE RICE

The opportunity to give to others is available to everyone as we begin a new year. You can go to www.freerice.com to donate rice to the hungry. FreeRice is a non-profit website run by the United Nations World Food Programme. The website has two goals: 1) Promote education to everyone for free and 2) Help end world hunger by providing rice to hungry people for free.

At the website you can choose from a variety of subjects

(Famous Paintings, Literature, English Vocabulary and Grammar, Flags of the World, Countries of the World, World Capitals, Basic Math, Chemistry Symbols, and Language Learning in German, French, Italian and Spanish). There are multiple choice questions and for each right answer the website donates 10 grains of free rice. When your answer is correct, the next question will be a little harder. You can change

subjects whenever you want. Approximately 9,400,000 grains of rice are donated daily and a total of 91 billion grains of rice have been donated to date. Have fun!

