

For the Love of It

CAP Services ECD

December 2011

Admin News

Admin staff had Regional Meetings with staff to discuss the most urgent information from the Region V conference and how it will affect our program. Information was shared on Re-designation, School Readiness, Parent & Family Engagement and 360 degree Monitoring. Two major changes that will be incorporated into the Federal grant, due the end of December, affect program options and staffing patterns. The program is proposing double session classrooms in Waupaca, Wautoma, Oxford, Clintonville and Classroom 5/6 at FDC. Because the maximum number of children in double session cannot exceed 34 (for 4 year olds) this will lower the number of children served by 22 slots. These slots will served in 2 home base programs- one in Waupaca County and one in Marquette County. A new staffing pattern provides positions for all current staff, although wages and hours could be affected.

EHS attended the NAEYC conference. There were over 50 tracks for the staff to choose from for sessions.

ECD has applied for a \$5000 grant from the Portage County Hunger and Poverty Prevention Partnership to provide nutrition education and emergency food to Head Start and Early Head Start families.

Classroom Managers and Home Visitors have completed the fall assessment rating. The results are being analyzed and were shared with Region V during the Risk Management conference call Nov 28th. A meeting with the program's T/TA EC Specialist is scheduled for January and these reports will be reviewed.

Several ECD staff attended the Performance Management training offered by CAP on November 11th. The Performance Now software was reviewed.

An Early Head Start networking took place on November 18th. Topics included: eligibility and enrollment, review of the HOME inventory, discussions on Socializations, Developmental nature of the Home Visit, Plans for children with challenging behaviors and the new framework for Family and Community engagement.

The first Region V Risk Management phone call based on school readiness and child outcomes was held on Nov 28th. During

the call Kathie Gray indicated she would like to see Education Department Goals that are more specific and measurable pertaining to school readiness and child outcomes. She would like the school readiness goals determined by the program to identify how Head Start is making a significant difference in children's progress and that it is not normal maturation. The next call is scheduled for February, at which time she would like detailed information on the second period data analysis and how learning and teaching patterns were adjusted during the Nov - Jan rating period to affect changes in child outcomes and family engagement.

Classroom observations for the Wisconsin Pyramid Model have been completed by the SSM at FDC, Clintonville, Waupaca and one classroom at CDC. Remaining TPOT observations are scheduled for December. Staff have been receptive to feedback and are implementing suggestions in the classroom. The SSM has also completed a social-emotional training for staff at CDC incorporating much of the Pyramid Model information.

Cont. pg.2

Center News

The Stevens Point Journal featured pictures from families at CDC for their feature of Halloween photos. Here Meghan Corrigan poses with Chelsea and the other Moms and children.



CDC: October was art month at CDC where the children in all classrooms learned about famous artists and styles, and created their own art based on artists such as Jackson Pollock, Pablo



Picasso, Louise Nevelson, and others. Judi K and Toni S. helped to create lessons for teachers to follow or to

use as a creative stepping off for their own inspirations. Children learned about space, volume, color, shapes, and expression. Here are Georgia O'Keefe and Georges Seurat inspired art.

EHS Waupaca participated in Dad's Night, building things out of recyclables. We painted with feathers at our social and learned some great turkey fingerplays.



Cont. pg. 2

Center News (cont.)



EHS staff attended the NAEYC conference in Orlando. A lot of great information was obtained along with a little fun! Bob from Sesame Street gave a presentation.



MELC: We have been exploring Transportation for our study with the children. We made different charts of similarities and differences between the different vehicles. We also did an experiment of why wheels are in the shape of a circle. We went outside and explored our vehicles with the children where they drew pictures of the engine and explored how the wheels turn with the



steering wheel. We involved the parents by having them make a transportation



book for the classroom and to end our study we had the Fire Trucks and the Ambulance visit the center.

"Everyone, even Carla, participates on **EHS** home-visits — please note her finger-painting creation shown here!"



Staff News

Deana H: My daughter, Randi, had an article published nationally in her sorority magazine, The Triangle, and got to meet the sorority's national president. My son, Danny, was honored by being selected as Sailor of the Day aboard the USS George Washington. The aircraft carrier has 5000 personnel aboard and its home port is Yokosuka-shi, Kanagawa, Japan. The link is: http://www.facebook.com/note.php?note_id=10150334890272452.



Kathy S: My son-in-law spent an amazing 2 weeks in India on a mission trip in November. He spent time in a ru-

ral village in southern India called Hoshiapur and in New Delhi, working in a



tent church and a leprosy clinic and visited an orphanage.



Admin News (cont.)

The Self - Assessment process has begun – Health & Safety Checklists have been completed at Clintonville, Family Development Center, Children's Discovery Center and New London, Carla has observed two home visits and has scheduled a ride-along on a bus. Other information will continue to be gathered.

Dental treatment statistics have been submitted to Region V as requested during the fall Risk Management meeting. Of the 88 children identified as needing dental treatment, 35 (40%) have completed treatment, 8 (9%) are in the process of receiving treatment, 11 (13%) have treatment scheduled, and 34 (39%) have not yet scheduled treatment.

Training for new Policy Council members was completed in November and officers were elected. Info about the change in program options was shared and approved, as well as other agenda items.

The ECD Advisory Group has been expanded to include some additional family service staff. The focus has changed temporarily from Public Relations to completing a family & community engagement assessment of the program to assist admin staff in determining short and long term goals in this area.

Representative Kevin Petersen visited the New London Head Start center on Nov 28th. He spent a good deal of his time there meeting with the Family Service Specialist learning about the families enrolled in Head Start. Mary Patoka and Kristie Strebog were also at the center. He has scheduled a visit to the Waupaca center in December.

ECD welcomed Katie Osowski and McKinzie Idhe at CDC and Luetta Wyss as a sub TA for Oxford and Wautoma. Andrea Spears moved from a substitute position to TA at FDC.





Teaching Feeling Words

We often think of teaching common emotions like happy, sad, mad, etc. But there are many other words that children should learn to express such as the following:

Brave	Calm
Confused	Curious
Disappointed	Embarrassed
Excited	Fantastic
Friendly	Generous
Ignored	Impatient
Important	Interested
Jealous	Tense
Cheerful	Bored
Surprise	Proud
Frustrated	Silly
Worried	Stubborn
Shy	Satisfied
Safe	Relieved

Expressing Feelings



Sometimes children express their emotions in ways that are problematic. They might cry when frustrated or throw toys when angry. Here are some different ways you can teach them to act on feelings:

- *Ask for help
- *Solve problems with words
- *Tell a grown-up
- *Take a deep breath (Tucker Turtle)
- *Describe what you feeling
- *Think of a different way to do it
- *Relax and try again
- *Walk away
- *Ask for a hug

Information gathered from vanderbuilt.edu/sefel

Is Your Program an Oak or a Willow?



“Whatever is flexible and can bend in strong wind will continue to live and grow.

Whatever is rigid and cannot bend when strong winds come, will tend to break and die.”

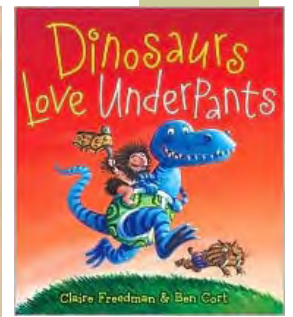
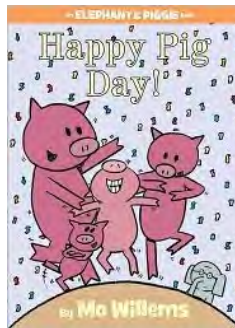
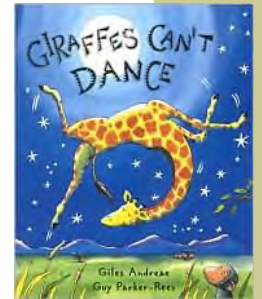
—Dr. Anita Vestal, “Creating the Conditions for Change” in *Your Head Start Agency*, June 2011 OHSA)

How can you thrive in these Winds of Change?

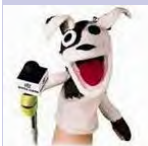




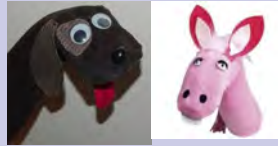
December is Read a New Book Month. What a great way to celebrate the longer nights than to set a time to start a new book and anticipate all day when you can open the covers, bend the spine (just a little) and settle into a new world of language and literature! Here are a few new recommended books for ages 3-5:



We're on the Web:
www.capnews.info



How to Make A Sock Puppet



Step 1: Select a clean unmatched sock that covers your arm. Thread needle, put sock on your hand with your fingers in the toe area and the back of your wrist in the heel. With your hand in the shape of letter "C", push the toe of the sock toward your palm.

Step 2: Mark the cheeks with a clothes pin and sew an X into each cheek. Remove clothes pin.

Step 3: With the sock on your hand, mark the position of the eyes, Glue ping pong balls where you marked the eyes position. (or use pom poms, or wiggly eyes) Cut 2 small circles out of felt for the pupils and glue into place.

Step 4: Create the personality of the puppet with a few easy steps. Cut lengths of yarn for hair at the length you want the hair to be. Line the yarn up so ends are even, tie a knot in the middle around all of the yarn strips. Glue hair on sock behind the eyes.

Step 5: Now you can add personality to the

puppet any way you want by adding arms to make a person, or legs for an animal.

To Create arms, roll felt into desired shape, put a pipe cleaner in the middle of shape for flexibility, cut our hands or paws form felt and attach to end of arm, sew arms to puppet wherever you desire. You can make long arms for a person, and dress the puppet in clothes or you can make many short arms for a caterpillar, or 4 legs for a dog, etc.

To create a dog, skip the yarn hair and cut floppy ears from felt and glue behind eyes like you would the hair. For a dinosaur, cut pointy triangle shapes and glue them down the back. For a bird, cut out wings from felt, add feathers, and make legs to attach to the bottom side below the mouth.



Step 1



Step 2 a



Step 2 b



Step 3 a



Step 3 b



Step 4